

## OBJECTIVES

- Overview of structure, causes, symptoms and treatment of peripheral neuropathy
- General Ocular Anatomy and diabetic and refractive error
- Ocular conditions associated with diabetes mellitus
- Diabetic retinopathy
- Identify at risk population subject to cardio metabolic risk
- Development of targeted interventions to minimize morbidity and mortality of at risk populations
- Distinguish patterns in listening and make adjustments in poor listening habits
- Evaluate compassion fatigue in the healthcare worker
- Demonstrate responsive, relevant resolutions to actual patient/family complaints
- Recognize the importance of medical nutrition therapy
- Outline current nutritional recommendations and interventions for diabetes management
- Define obesity and the causes of obesity
- Discuss treatment options for obesity: diet & exercise, medical and surgical
- Discuss renal issues in diabetic patients

## CREDITS

Safehealth, Inc. [www.safehealth-hsv.com](http://www.safehealth-hsv.com) is an approved provider of continuing nursing education in Alabama by the Alabama Board of Nursing. Approval status is valid through May 6, 2011. Provider Number: ABNP1025.

**Nursing Contact hours: 8.0**

**Tennessee Valley Baptist Nursing Fellowship  
P.O. Box 1674  
Huntsville, Alabama 35807**

# Tennessee Valley Baptist Nursing Fellowship

Presents

2010  
HEALTH  
CONFERENCE

## CONDITIONS LINKED TO DIABETES

Saturday, October 30, 2010

7:30 a.m. - 4:15 p.m.

Hospice of the Valley  
240 Johnston St. S.E.  
Decatur, AL 35601



## AGENDA

Please join Tenn. Valley Baptist Nursing Fellowship for a one-day continuing education on clinical topics on Saturday, October 30, 2010.

Conference will be held at  
**HOSPICE OF THE VALLEY**  
**240 JOHNSTON ST. S.E. - DECATUR, AL**  
256.350.5585

7:30am - 7:55am	Registration
7:55 am - 8:00am	Welcome
8:00am - 9:00am	Nutrition Recommendations for Diabetes Charlene Learner RN, CDE
9:00am - 10:00am	The Weight Is Over! Angi Achenbach, RN
10:00am - 10:10am	Break & Exhibits
10:10am - 11:40am	Responsive, Revelant Resolutions: Piecing together solutions to Patient/family complaints Wendy Cantrell, MSHR
11:40am - 12:40pm	Cardiometabolic Risk: Evaluation and treatment Alicia Pettis, RN, CCNS
12:40pm - 1:15pm	Lunch on your own
1:15pm - 2:15pm	Renal Issues in Diabetes Gretchen Sobleton, RN, CDE
2:15pm - 3:15 pm	Diabetes and Eye Health Chad Davis, OD
3:15pm - 3:30pm	Break and Exhibits
3:30pm - 4:15pm	Peripheral Neuropathy George Gray, M.D.
4:15pm - 4:30pm	Evaluations & Certificates

Attire for the conference is casual. You may want to bring a light sweater or jacket to ensure your comfort in the meeting room.

## SPEAKER INFORMATION

### **Charlene Learner, RN, CDE**

Mrs. Learner is a certified Diabetes Educator since 1993. Her experience ranges from hospital settings, home health, public health, occupational health and schools. She has provided educational services for clients and health professionals .

### **Wendy Cantrell, MSHR**

Ms. Cantrell is an education specialist for Huntsville Hospital's cardiovascular program where she authors and edits patient education materials. She has over 23 years experience in professional training and employee development.

### **Alicia Pettus RN, CCNS**

Ms. Pettus specializes in cardiac nursing. She has over 27 years caring for cardiac patients as a staff nurse, charge nurse and as a Certified Clinical Nurse Specialist since 2004 in the Cardiovascular service line at Huntsville Hospital.

### **Chad Davis, OD**

Dr. Davis received his doctor of optometry in 2001 and owns his private practice, Davis Eye Care located in Athens, Al.

### **George Gray, M.D.**

Dr. Gray specializes and operates his own naturopathic medical office in Huntsville, Alabama. He holds his medical degree from the University of Yucatan Medical School in Mexico

### **Angi Achenbach, RN**

Ms. Achenback is the nurse coordinator for the Center for Surgical Weight Loss at Huntsville Hospital. She has over 24 years of nursing experience. She is responsible for maintaining Huntsville Hospital's Bariatric Center of Excellence certifications recognition.

### **Gretchen Sobleton RN, CDE**

Ms. Sobleton is a clinical educator for the Diabetes and Lipids Center in Decatur, Al . She has over 8 years experience in this field. She has been in the nursing field for over 20 years.

You **must** bring your nursing license number to receive credit for attending. Please present your number at sign-in for the seminar. The ABN requires that approved providers submit records of contact hours along with your nursing license number.

## REGISTRATION

Registration deadline for the 2010 Healthcare Conference is Friday, October 22, 2010. Partial credit not awarded. No refunds after October 22, 2010. Confirmation of registration is not automatically sent to participants; feel free to e-mail [janice.burton@hhsys.org](mailto:janice.burton@hhsys.org) for confirmation.

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First Name, Last Name (required)

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ABN License Number (required)

R.N. \_\_\_\_\_ L.P.N. \_\_\_\_\_ Other \_\_\_\_\_

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Address

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City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

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Phone and/or E-mail Address

Fee to attend Seminar: \$55.00  
Day of Seminar: \$60.00

### **Method of Payment:**

Check \_\_\_\_\_ Cash \_\_\_\_\_

Checks payable to: Tennessee Valley Baptist Nursing Fellowship

Mail registration form and payment to:

Tennessee Valley Baptist Nursing Fellowship  
P.O. Box 1674  
Huntsville, Alabama 35807

For more information, please call  
256 .874.4301